

The
**Goodie Shop
Bakeries**

"Serving the
Haliburton Highlands"
DAILY SPECIALS!

The **HIGHLANDS**

Express

THIS WEEK'S SPECIAL..

"Camtex" Seconds!

THIRSTY BATH

TOWELS

Seconds of 4.59 line,

NOW 1.99 ea

STEOMAN'S

MINDEN

Vol. 2, Number 9

Minden, Ontario, Wednesday, March 8, 1978

15¢

Hospital's future dim

In the summer of 1977, a firm of statisticians was engaged by the Hospital Board of the Canadian Red Cross to assess ten hospitals which they own and operate in Ontario.

Their recommendations have been condensed into a report on each individual hospital. Mrs. D. A. Irwin and Miss Helen Singer visited Minden on March 1, 1978 to explain the use of our hospital in the future.

SUMMARY OF RECOMMENDATIONS

"The role of the hospital in Minden requires reconsideration immediately. As an active treatment hospital, the unit needs considerable improvement in relation to a number of features. It should not continue as an active treatment unit, but be converted possibly to a clinic facility with a wide range of services to support the medical staff. There should be a full co-ordination of medical staff and services between here and Haliburton. The Hospital itself may have a potential use for long term care of the chronically ill, but it may be better to provide this service in Haliburton. This needs consideration. A first-rate clinic in this community should provide diagnostic and minor treatment services plus physiotherapy service and the services of such consultants as a nutritionist. The major recommendation is to thoroughly co-ordinate the medical and hospital services in Minden and Haliburton."

One of the main problems is that our hospital is 23 years old and a great deal of money would need to be spent on it to bring it up to required standards.

There is a general trend in various parts of Ontario that hospitals should amalgamate. It is suggested there could be more adequate concentration of diagnostic and treatment facilities with a larger number of beds located in Haliburton Hospital. It is also suggested that an alternative role in Minden would be to provide an excellent ambulatory care centre, with two holding beds for evaluation before returning patients home or transferring them to another centre where superior facilities are available. Another approximately four beds may be continued for care of the chronically ill, although this would obviously obligate the hospital to 24 hours, seven day coverage on a different basis than as an ambulatory care centre.

WOULD DISCONTINUE OBSTETRICAL ROLE

In any event, the obstetrical role would be discontinued at the hospital in order to provide for better coverage elsewhere and to offset the limited number of cases that are handled in a small hospital. The physicians can obviously have their choice of referring their patients elsewhere or using their privileges at the hospital in Haliburton.

Some thought is being given to a health care centre in the Community which would provide diagnostic and minor treatment services plus physiotherapy and the services of such consultants as a nutritionist, speech therapist, and other rehabilitative facilities. Of course our outpatient services will continue to an even larger capacity.

The above suggestions are recommendations put forward in the role study and in due course they must be approved by the Ministry of Health before they can be put into effect.

Anyone who wishes to submit any comments should send them to:

The Red Cross Hospitals Board Chairman,

Mrs. D. A. Irwin, Chairman,

Red Cross Hospitals Board, 460 Jarvis St., Toronto, Ont. M4Y 2H5. Comments should be in by March 17.

ATTENTION ALL RESIDENTS

A public meeting regarding the future of the Minden Red Cross Hospital will be held at the Minden Community Centre tonight, (Wed.) at 8 p.m. Please attend.



Pre-schoolers mix it up at nursery

by Penny Obee

MINDEN — Each Tuesday and Thursday, more than 20 preschoolers between the ages of two and five meet at the Minden Gospel Church. Through organized play, songs and crafts, mothers hope their children will learn social skills and independence while enjoying

themselves. The school is co-operative and each mom must take an active part in preparation and supervision. This year some of the various activities are skating, a horse drawn sleigh ride, a visit to Hyland Crest Senior Citizens Home, a visit to the fire department, story time at the library and more.



Collision results in \$2500 damage

MINDEN — Richard Crawford 23, of West Guilford was charged with making an improper left turn and failing to afford reasonable opportunity to avoid a collision as seen above, when his 1974 Toyota collided with a 1977 car driven by Douglas Stenton 28, of Peterborough.

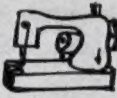
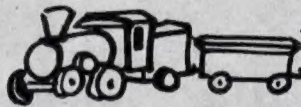
Crawford was southbound on Hwy. 35 about to turn left on Hwy. 121. Stenton was northbound and collided with Crawford's car when he turned in front of him. Damage to the Crawford vehicle was estimated at \$1000 and there was \$1500 damage to the Stenton vehicle. Investigation by PC Dennis Potter.

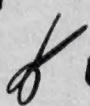
Faye Maddock, 28 of Minden, encountered an icy patch on Hwy. 121 approximately 3 km east of Hwy. 35 on Thursday afternoon and lost control of her car. The vehicle rolled over in the north ditch, sustaining about \$500 in damage. No injury occurred in the mishap, investigated by PC Jim Solway.

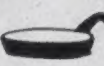
Gerald Peters 46, of Fenelon Falls, was charged with impaired driving on Friday evening, when the car he was driving southbound on Hwy. 35 climbed the snowbank, struck a rock cut and rolled over, sustaining some \$1500 in damage. Investigation by PC Barry Connelly.

ATTENTION HOUSEHOLDERS

The Highlands Express **ACTION AD** is here!

Sell your new    

 ***nearly new or used***  

           ***etc., etc.***

WITH AN “ACTION AD” IN THE EXPRESS.

Try it now and get 1 ad FREE!

2 ACTION ADS for only \$1.00

Fill out the forms below, include \$1.00 and send to: The Express, RR 2, Minden KOM 2K0

Your ACTION AD will appear for 4 WEEKS at NO ADDITIONAL CHARGE! (All commercial ads will carry borders at regular weekly prices.)

Please place my “ACTION AD” in The Express. Enclosed is \$1.00 for my TWO ads.

Name

Address

Postal Code

AD TO READ:

Be sure to put your name or telephone number in your ad also.
Maximum words, 15.

Please place my FREE “ACTION AD” in The Express. Tear out both coupons and send to The Express, RR 2, Minden, KOM 2K0

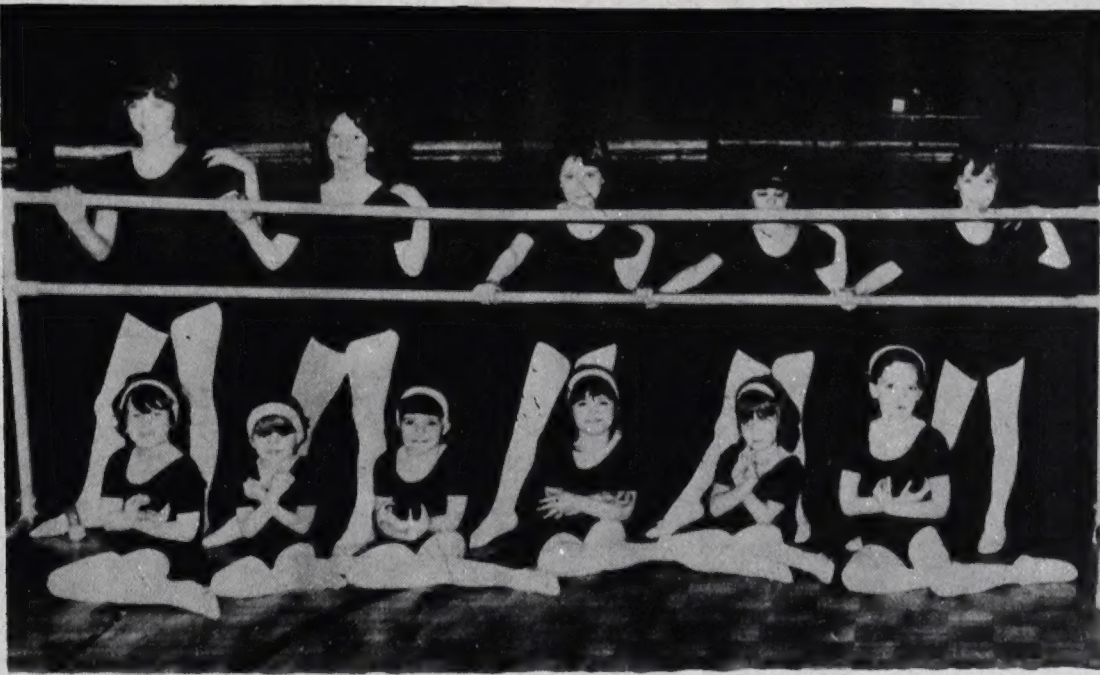
Name

Address

Postal Code

FREE AD TO READ:

Be sure to put your name or telephone number in your ad also.
Maximum words, 15.



The Jennifer Taylor School of Ballet sponsored by Sir Sanford Fleming College School of Fine Arts in Haliburton, commenced in Minden at Archie Stouffer Public

School on Saturday. The school which features pupils from the ages of four years to adult, will be held every Saturday from 12:30 to 3:30 p.m.

20 apply for job program

DORSET — Following in the footsteps of other Townships in Haliburton County, Sherborne, McClintock & Livingstone has applied for a Young Canada Works Grant for the township this summer.

The grant was discussed at a special meeting of council and application was made to employ one project manager and nine unskilled labourers at a cost of \$13,272.00.

To date, according to clerk treasurer Diane Griffin, some 20 applications have been received from students in the area.

Deer population on upswing

LINDSAY—There is a definite upswing in the deer population in the Lindsay District, according to Arnie O'Donnell of the Lindsay Office of the Natural Resources. This he said, is because the deer population is finally increasing once again after the severe ice storms of the early seventies. At that time many deer failed to cope with the fierce winter elements.

This year there were approximately 349 shot during a 1,878 day period. (Ministry arrives at this figure by multiplying the number of hunting days by the number of hunters per day to reach this total). In 1976 there were 298 deer shot during a 1,666 day period.

There were, however, fewer hunters this year than in 1976. Only 800 actually participated in the hunt while last year there were 911 hunters.

Mr. O'Donnell felt that while this had been a good season, he had no doubt that next year would be even better.

Licence Fees Go Metric

The Ministry of Transportation and Communications has announced that the schedule of licence fees for 1978 has been converted to metric measure.

The conversion to the metric system has resulted in a slight increase in the load allowed in each weight class.

At the same time, fee increases announced during last April's budget have been put into effect, and the 1978 registration will be raised by \$22.00 plus nine per cent in each class.

Some examples are: 2400 kilograms (5,292 lbs. previously 5,000 lbs.) \$60.00 per year; 4600 kilograms (10,143 lbs. previously 10,000 lbs.) \$118.00 per year;

and 22,800 kilograms (50,724 lbs. or 50,500 under the old class) \$719.00 per year.

Annual commercial vehicle renewals have been available at the 311 licence issuing offices throughout the province since February 1. Annual first-time registrations will go on sale March 1, 1978.

Quarterly commercial vehicle renewals will also go on sale March 15, 1978 and quarterly first-time registrations will be available March 25, 1978.

Starting this year, owners of trucks and vans of 2400 kilograms or less will, upon completing a declaration form, be able to register their vehicles as "primarily for personal or recreational



Thinking Slim

BY JEAN NIDETCH

Well, my friends, the moment of truth is fast approaching. Yes, there's snow piled almost all over the country, but take my word for it, the air will become balmy soon enough. The sun will become hot and bathing suits will soon be upon us. Literally.

What a miserable time summer used to be for me when I was 72 pounds overweight. The mere thought of parading up and down the beach with my layers of skin exposed to unfriendly eyes was devastating.

So I did my level best to circumvent it. My skin was much too sensitive, I'd tell a friend who suggested an afternoon at the beach. I really didn't take well to the sun. (Never mind suntan lotion and the protection of an umbrella — they were insufficient for my sensitivity).

Or I had a hundred and one crucial things to do, unless, of course, it rained, in which case I'd be delighted to go to the movies or shopping with her.

I'd be delighted, in fact, to do anything but treat myself to a carefree day at the beach because, being fat, self-conscious and ill at ease with my body, it was no treat. It was an ordeal.

Well, those days are long gone. What a joy it is to pull on my new maillot (which simply means "one-piece" in French) and relax for a few hours with soft breezes

and the lulling sounds of the ocean.

There's no good reason you can't enjoy a beach or lake or any restful suntanning location. If, like my former hefty self, you're presently encumbered by pounds of excess weight, get rid of them now.

There's time enough to get in shape (or close to it, if you have a long way to go). All it takes on your part is the decision to lose, on a sound weight control program, some perseverance based on learning a new attitude toward food, and before July is here, you can plan to refresh your mind and soul by looking for shells at the water's edge (in a bikini, perhaps); or water skiing, if you're inclined, or lolling on a friend's boat.

All that free sky and water — yours for the taking. And all you need to enjoy it is a little less girth. It's worth the effort, believe me. I did myself out of enough pleasure at the beach through the years, and I know.

Don't you make the same mistake.

FREE: "Jean's 10 Favorite Recipes." For a great selection of tantalizing recipes compiled by Jean Nidetch, send a stamped, self-addressed, long, white envelope to: "10 Recipes," JEAN NIDETCH, c/o this newspaper.

Youth's damage car, charged

HALIBURTON — Two youths, Wayne R. Smith 19, of Oshawa and Walter R. Barry 17, of Gravenhurst, have been charged by police with mischief during the evenings of March 3 and 4.

Taking a dislike to a car owned by Mark Nunn of RR 1, Reabro, Smith on two occasions ran his car into Nunn's. Police report they returned some time later the same night and by kicking, did further damage to the left side doors, hub caps and broke the roof rack. Total damage to the vehicle is estimated at \$1,000. Investigation by PC Al Bibby.

Finds abandoned snowmobile, leads to cottage break in

A local citizen reported finding a snowmobile abandoned near his home and a helmet just left on the snow. Investigation revealed that the snowmobile had been stolen from a cottage on the Norley Road.

Cottage owner, Arthur Walker of Scarborough, was notified and he attended his cottage and advised police that it had been broken into and various items stolen. Major items not including the snowmobile, being a CB radio and a number of cameras. Value of the stolen property is estimated at \$1400.

Police are still investigating the theft at this time.

The most transient thing in the universe is a "permanent."

— Weddings, Anniversaries, Parties —

• DISC JOCKEY •

NOW AVAILABLE IN THE AREA!

Large selection of records and tapes for ALL types of music.

For information call Ray Woodward

754-2040

Beaconbrook Motor Hotel

HALIBURTON, ONTARIO

Dining Room 12 Noon - 2:00
5 til 9:00

TAKE OUT
457-1610 CHICKEN & PIZZA 457-1610

The Highlands Express

JUST FOR YOU!

A new home, a used home,
a new car, a used car—
You Can Find It All In
The Classified Columns
Of The Highlands Express

TRY IT THIS WEEK AND SEE!

use and licence their vehicles according to the passenger fee schedule. These will be issued commercial plates with a sticker indicating personal use.

Also new this year are

registration plates for farm use vehicles. Issued for annual or quarterly periods, the distinctive plates will have the word "farm" incorporated in the design.

stoutly for typographical errors in advertising, but will gladly reprint without charge that part of an advertisement in which an error may occur provided a claim is made within five days of publication.

Also the publisher takes no responsibility for statements or claims made in any advertisement and will, upon written request, reveal the name and address of person or persons responsible for placing any display advertisement, political or otherwise, except for "blind" box advertisements.



Minden Area Hydro wins Georgian Bay tournament, left to right back row, Coach Darrell Stamp, Everett McKnight, Wayne Tascona, John Barkwell, Bert Short, Paul Sisson, Ross Bryant, Larry Sawyer and Tony Labarge. Front row, left to right, Tom Lee, Sheridan Kellett, Mike Jackson, Larry Hartin, Neil Burk and Jim Burk.

In the News



FORMER SAN Francisco Rams' coach Dick Nolan heads south to put some life into the New Orleans Saints. He replaces Hank Stram as head coach of a team that's won only seven games in two seasons.

Minden area Hydro wins Georgian Bay champ.

The second annual Georgian Bay Region hockey tournament took place in Minden over the weekend and Minden hydro successfully defended their 1977 championship by downing Barrie Area 3-1 in the game.

Minden had reached the championship game by winning their first contest 4-0 over Owen Sound. They then shutout Parry Sound in the semi finals 4-0, with John Barkwell leading the way with two goals. Tom Lee and Tony Labarge accounted for the other two.

Jim Burk led the way in the final game, scoring twice in the third period. Larry Sawyer scored once and Ron Lyte netted the lone goal for Barrie area.

The consolation final went to Owen Sound as they rebounded from their 4-0 loss to Minden by trouncing Barrie Region 8-1 and then took the consolation final in overtime. The teams tied 1-1 but Owen Sound was awarded the victory due to having scored the first goal.

Jadek Bantams up two

Minden's Jadek Sport bantams made it two wins in a row in their All-Ontario quarter-finals series with Warsaw on Friday evening at the Centre. Trailing 5-2 at the end of two periods, Minden tied the game 5-5 in the third and then blasted home three goals in the ten minute overtime period to win 8-5.

Minden opened the best three out of five series in Warsaw on Tuesday evening and were victorious, 9-4. Harold Porter led the Minden attack with three goals and also setup two others. Ronnie Yake notched a pair, while singles went to Scott Arbuthnot, Ivan Ingram, Brent Moxam and Rickey Beeney. John Trotter scored twice for Warsaw, while singles went to John Condon and Gary Nelson.

Minden opened up a 4-0 lead in the first period on goals by Arbuthnot, Moxam and two by Porter, but Warsaw came flying back to make it 4-3 early in the third. However, a beautiful break by Yake and Porter resulted in Yake scoring just eight seconds later and after that Warsaw folded, allowing four more goals by their visitors.

On Friday evening at the Centre, Harold Porter put Minden ahead at 5:37 of the first period, but two goals in nine seconds by John Trotter gave Warsaw the lead for the first time in the series. Shawn Chapman then brought Minden even at 2-2 another 15 seconds later. Warsaw then started pressing the Minden lads in their end and as a result came up with three more goals to go ahead 5-2. Lawrence Parcells netted two and Frankie Makar one.

But, holding true to form for the entire season, Minden came out flying in the third, tied the game and then potted three more in overtime.

The third game is Tuesday evening at 8:30 in Warsaw with the fourth back in Minden on Friday at 7 pm if necessary.

IF IT'S FOR SALE
A CLASSIFIED AD WILL SELL IT!

Minden Hydro takes 1st place

Minden Hydro, led by the four goal performance of Larry Sawyer and hat trick by Jim Burk, skated to a 9-3 victory over the Chalkdusters on Wednesday evening to nail down first place in the Gentlemen's hockey league. Hydro has a season's record of seven wins, one loss and one tie for 15 pts.

Playing with only nine skaters plus goaltender Ron Burk, Hydro jumped quickly into a 5-0 lead. Larry Sawyer opened the scoring with Darrell Stamp assisting. Bert Short made it 2-0 from Neil Burk, Jim Burk upped the count to 3-0 from Paul Sisson. Sawyer and Jim Burk made it 5-0 before the Chalkdusters finally got on the board with two quick goals. Roy Scott took a perfect pass from Bob Penfold to make it 5-1 and then Scott scored again less than two minutes later from Ken Rydman.

Darrell Stamp took a Tony LaBarge pass early in the third period and sent a blistering shot past a totally beaten Ed Whiteway in the Chalkduster net. Larry Sawyer scored twice in the third period and Jim Burk once to make it 9-2, before Bob Penfold cashed a super set up by Scott to make the final count 9-3.

Standings in the league as of Wednesday, Feb. 22: Hydro 7-1-1; Foamblowers 6-2-1; Kinmount 6-2-1; Natural Resources 4-6-0; Chalkdusters 2-6-0; Norland 081.

Vasey Juveniles advance to All Ontario semi-final at Havelock

MINDEN — Vasey's Juveniles became the first team from Minden to ever advance past the OMHA All-Ontario quarter finals on Friday evening with a 4-2 win over Coldwater, giving them a clean sweep of their best three out of five series.

In the first game, Minden shutout Coldwater 4-0, on a solid team effort. Dave Brown, Al Clement, Steve Davies and Bill Musclow scoring.

The second game in Coldwater on Tuesday evening ended up 6-2 in favour of Minden, with Brian Shaw collecting the hat-trick. Dave Brown netted a pair and Tim Bain a single. Brian Camler scored both Coldwater goals. Mike Bird was injured in this game and had to sit out the third game with bruised ribs.

The third game at the Centre on Friday evening, before the largest crowd of the season, Minden came up with a 4-2 victory. Brian Shaw and Tim Davies each scored twice while Al Beard scored both Coldwater goals.

The game was a close checking affair from start to finish and also resulted in two bad injuries to Coldwater players, Herb Doyle (carried off on a stretcher) and John Nixon, both suffered back injuries.

Minden now will advance to the semi-finals against either Havelock or Godfrey.

Gord Darby rolls 336 single

CARNARVON — Gord Darby came up with a 336 single on Wednesday evening leading his Ingoldsby teammates to a fine 1326 game and 15 of a possible 21 pt evening. The 15 pts give Ingoldsby 45 pts and a five pt lead atop the standings for the third and final series. Rockcliffe Hotel is second with 40 pts and Peterborough Lumber third with 36.

Other top performances went to Wayne Coltman 306, Jim Wilson and Ed Cox, 280's, Gord Everall 275, Don Hicks 274, 298 and Ron Yake 253.

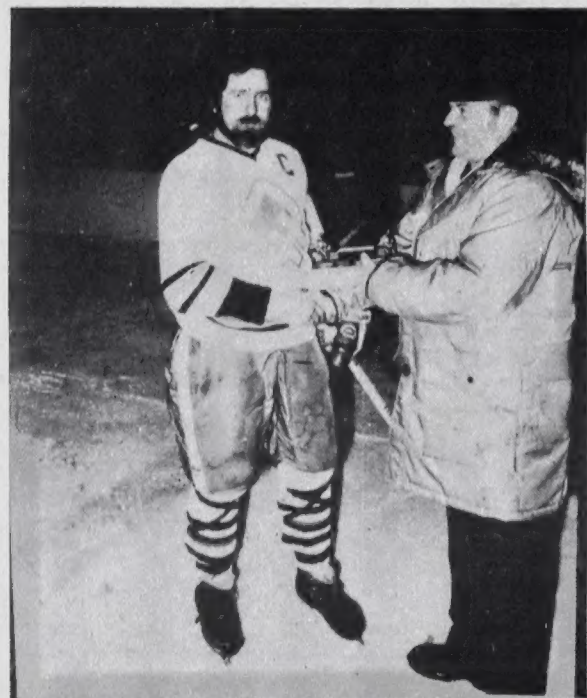
Lindsay captures Bus Cramp

MINDEN — Saturday, Feb. 25th eight teams squared off at the Minden Community Centre for the 3rd annual Reginald 'Bus' Cramp Memorial hockey tournament. When the final buzzer sounded, the 1978 winners were Lindsay's Don Lytle Men's Wear bantam b's. Lindsay downed Ops 3-1 in the championship game to culminate an extremely well run and well played tournament.

Bancroft doubled the score on Cannington in the Consolation final 6-3 and took home the Bus Cramp consolation trophy. In other games played throughout the tournament, Haliburton took it on the chin 3-2 at the hands of Fenelon Falls and then were eliminated from the tournament by Cannington in the consolation semi-final 10-2.

Minden came up with a 2-2 tie with Millbrook and were awarded the game due to scoring the first goal. Cam Monk scored both Minden goals. In the championship semi-final they met the powerful Lindsay squad and fell 6-1. Ward Crego scoring the lone goal.

Other first round games saw Ops down Cannington 5-1 and Lindsay take Bancroft 6-0. In semi-final play, Bancroft topped Millbrook 5-4 and Ops eliminated Fenelon 4-0.



Captain Neil Burk of Minden Area Hydro accepts championship trophy on behalf of teammates from Minden Supervisor, Doug Campbell.

IF IT'S FOR SALE
A CLASSIFIED AD WILL SELL IT!
MAIL YOURS TODAY

NEW MANAGEMENT SALE
ARROW TV & COMMUNICATIONS
HALIBURTON

See Classifieds for details

MINDEN COLLISION
SERVICE
Complete Body
and Paint Service
286-1851

Shell's Spring Fling



Dependability year-round at a low price you can count on too.

Shell Rotella® T Multigrade motor oils make a lot of sense if you operate a mixed fleet in all kinds of weather.

They meet the warranty requirements of most new diesel (except Series 3) and gasoline trucks, tractors and cars. If not, then there's almost certainly another Shell motor oil that will meet your warranty requirements. And at the right price, too.

We know how important motor oil performance is to you—especially at today's equipment costs. Come in and discuss your requirements.

Reg. T.M.

A grease that beat all others cold.



Or hot, or wet, or under-pressure.

Shell's amazing new Extrema grease was put through a number of severely punishing field tests. Extreme heat, extreme high pressures, and even in water.

In one test this remarkable new grease beat out a competitive product seven to one—one lubrication with Extrema lasted seven times longer than the other grease.

Put our new Extrema to the test in your farm lubrication needs. You will be amazed by its performance.

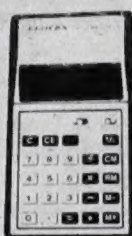


Field Cap \$2.25

with minimum 5 gallon purchase of Shell lubricants.

This cap is 100% cotton, double-stitched throughout and foam-lined for winter warmth, summer coolness.

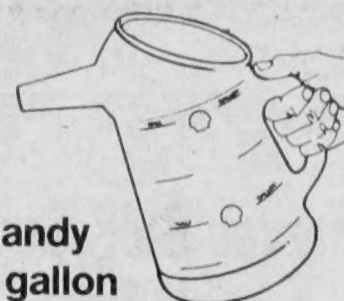
It's a top quality field cap at a low priced. That's what you get with all Shell products: quality at competitive prices.



Pocket Calculator \$7.95

with minimum 5 gallon purchase of Shell lubricants.

This LLOYD'S Accumatic 503 Microelectric pocket calculator can help you so much in so many ways. Farm records, application rates, yields, and many other uses. We're sure you'll find this 4-mode memory, automatic, multi-function a versatile little tool. It comes with an AC adaptor too.



Handy 1 gallon measuring can \$1.29

with minimum 5 gallon purchase of Shell lubricants.

Here's a can with many, many possible uses—even to watering the flowers. Notice the spill-proof nozzle and the handy calibration marks on the side. This is quality at a low price.

Spring Fling Double Discount Deal

Take full advantage of this Spring Fling Special and save on your lubricants purchase *twice!*

First, you'll get a substantial discount for early booking of Shell's Rotella, Rotella T, Rotella S, Rimula CT, Donax T6, Donax T4, Spirax HD, Darina AX grease, and MP grease. Ten

lbs of grease equals a gallon of oil for the same discount.

Then you'll get a second discount in addition to the first if you pay cash on delivery before April 30, 1978.

See your Shell Agent for complete details.



SID STAMP FUELS LTD.

Box 367, Minden, Ontario K0M 2K0

Telephone 286-1088

Recondition or Renew your present heating and air-conditioning system.

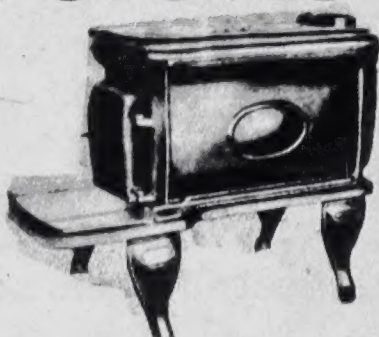
Residential, Commercial and Industrial installations and renovations.

The Energy Savers

BOX STOVES

FOR FAST
WARM-UPS!
CAST IRON

Two 8" covers
24" box length
6" Oval collar



Minden Home Hardware

MAIN ST., MINDEN

FRONTIER MOTORS

Hwy. 35 North of Minden

286-2890

*"For One-Stop
Complete Car Care"*

ELECTRONIC TUNE-UPS

WHEEL ALIGNMENT
(Cars and Light Trucks)

Automatic Transmission Servicing

BRAKES, etc.

Interested in saving energy

SEE US FOR

INSULATION...STORM
DOORS & WINDOWS
WEATHER STRIPPING

Carnarvon Bldg. Supplies

LIMITED

Hwy. 35 at Carnarvon 489-2212

INSULATE

WITH

RAPCO FOAM or
CELLULOSE FIBRE

★ FREE ESTIMATES ★

Highland Insulation Services

R.R. 2, Haliburton 457-1688

Modern Electric

Wm. Payne & Son Ltd.

ELECTRICAL CONTRACTORS

★ Homes — Cottages ★

Hot Water Heaters

BILL AND WARREN PAYNE

Telephone 286-1280

ARE BROUGHT TO YOU BY THE FOLLOWING FIRMS
INTERESTED IN CONSERVING ENERGY

Little goes a long way

by Richard Charles

Most people will agree that cars take a large slice of our incomes, but are not so ready to admit that many of us pick the wrong cars and often use them wastefully. Meanwhile, everything from rising prices to dwindling fuel supplies, from congested roads and parking areas to traffic accidents and air pollution is plainly telling us to ease up. Which means to drive less often, less fast and less fancily.

To a society brought up on the legend of the Stutz Bearcat and the Open Road, the notion that motoring today is no longer so free and easy comes as a slap in the face. It's a bit like the knight of 500 years ago discovering that the glory of putting on armour and galloping to the rescue of fair damsels had suddenly lost its appeal now that he ran the risk of being blown off his horse by the new-fangled cannon.

We have no choice, it seems, but to learn some tricks that can help us to travel in fair comfort while being aware of the needle on the world's gas gauge, which unfortunately is creeping toward "Empty". The first trick is to pick the right car.

Two kinds of energy go into a new car — the energy used in producing the steel and other materials, and making the parts and putting them together, and then the energy to make it run. That's not counting the energy needed for maintenance, new tires and repairs, and for providing roads and traffic control systems, and finally for towing the old heap to the dump.

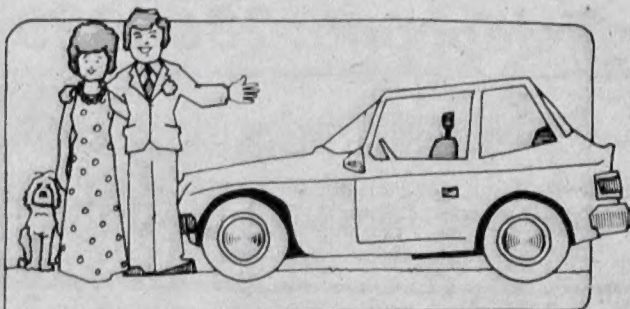
When you set out to buy a new car, you look for the deal that suits you best, of course. But remember, a good deal goes beyond finding "a honey of a car", bargaining hard for it, doing well with your trade-in and paying on the easiest terms available. It also means asking: What kind of car do I need? What will it cost to run? How long will it last me? If you can get the answers right, you will save yourself a lot of money in the long run and (may heaven bless you) you will be helping to beat the energy shortage.

If you are in the market for a new car, a good way to begin is with a list of current models that shows their fuel consumption. The Office of Energy Conservation, Department of Energy, Mines and Resources in conjunction with Transport Canada publishes such a list with over 250 makes and models ranging from a low consumption of 53 miles per gallon (85 kpg) to a high of 14 mpg (22 kpg). These are divided into three classes: 51 good fuel savers giving better than 33 mpg (53 kpg), 74 reasonable savers at 24 (38 kpg) to 32 mpg (51 kpg), and 127 that make the fuel problem worse by giving less than 24 mpg (38 kpg).

This list of cars and other information on buying, driving and maintaining them is in *The car mileage book*. Just write to Box 3500, Station C, Ottawa, Ontario, K1Y 4G1 for your copy.

A useful rule of thumb to apply is, of course, that little cars usually go farther on a gallon of gas than bigger ones, but size is not the whole story, especially as the smallest cars don't meet every need. A car's fuel consumption also depends on the weight, size and efficiency of its engine, the efficiency of its transmission and drive train, its shape (streamlining), its stability on the road, and the extra equipment on it (such as power windows and air conditioners).

Fuel consumption will vary too with your driving habits, how well you maintain your car, and the weather and other driving conditions. So your miles-per-gallon (or kilometers-per-gallon) may not quite match the published figures, but the more economical performers will continue to serve you best.



On display now...

Intermatic
Allweather
Time-All

- Start car engine heater 3 hr. before using vehicle
- Automatic off/on for all outdoor lighting/electrical
- Can handle several on/off operations at one time
- Trouble-free; rust resistant



Highlands Plumbing & Heating

MAIN ST., MINDEN

MOFFAT MAJOR APPLIANCES

AT

Pritchard's Electric

ELECTRICAL CONTRACTING

Commercial, Industrial, Residential

—Certified Electrical Heating Contractor

Box 68, Minden, Ont.

286-2830

FISHER

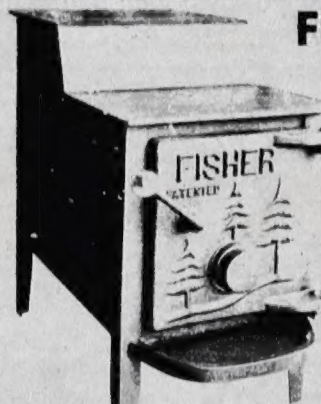
STOVES

from

\$315.00

Stay warm all winter
with 1 match.

(use half the wood,
get twice the heat).



WALSTEN LTD.

5 km south of Kinmount on Hwy. 121

Phone 488-2811

Save on Energy

BY KEEPING

Your Car and Truck
in Top Condition

AT

Curry Motors Ltd.

Your Friendly GM Dealer

HALIBURTON — 457-2100

MAKE YOUR FIREPLACE PAY FOR
ITSELF! INSTALL A

Convect-O-Heater



SEE THE COMPLETE
RANGE OF SIZES
AND MODELS AT

Haliburton Lumber

& Enterprises Limited

3 km west of Haliburton on Hwy. 121

Telephone 457-2510

THEY'RE ALL IN CLASSIFIED

FOR SALE

McGUIRE TIRE Sales Ltd.
Dealer for General, Michelin, Sumitomo and Bridgestone.

We stock truck, tractor, skidder and passenger tires and tubes.

All tires mounted and balanced. Oil changes and grease jobs.

Main St., Haliburton, Ont.
(behind the Red & White)

Phone 457-1258
Evenings 489-2667

FOR SALE: Cassette player for vehicle. Never used, 286 1105.

FOR SALE: Boys' hockey equipment, helmet, shoulder pads, knee pads, elbow pads, gloves, pants and shirt all like new. One pair of skates size 2, one pair of girl's skates, size 3. Call 754-2040.

FOR SALE: 1973 Moto-Ski 440 Capri, original owner, low mileage, back rest and carrier. Call 286-1105.

1973 440 Snow Jet snowmobile. 2500 original miles — sliders and widetrack. Call 286-1079. (6c)

FOR SALE: 1975 Olympic 300 Ski-doo, like new and a 1972 340 TNT. Call 286-2082 after 5 pm. (6c)

FOR SALE: Dual 1225 turn table; Marantz 1120 integrated stereo amplifier, 60 watts per channel RMS; Integral EPI power amplifier boosts power to 150 watts per channel RMS; and four Cerwin vega speakers. Above items will be sold individually or as a package. Suitable for DJ work. Call 286-1105.

clearance sale prices on new Bolens® snow removal equipment

■ Three walk-behind snow-thruster models (5, 6 & 8 hp) 24" or 26" auger widths.

■ Bolens tractor and snow-thruster models—seven power sizes—8 to 20 hp—gear drive and hydrostatic drive models with 32, 38, 42 or 48" snow-thrusters or 42 or 54" blades. Variety of snowthruer accessories available.

■ Trade-ins accepted.

**NORTH SHORE LAWN
& GARDEN**
Phone 489-2489

FMC

FOR SALE

20" colour TV by Hitachi, Panasonic and Quasar — your choice, full warranty three years on parts, labour, picture tube, while they last \$499.95, trade-ins not necessary.

**ARROW TV
and COMMUNICATIONS**
Hammond Organ Centre
Haliburton 457-1091

1974 Ford 1/2 ton pickup, good condition, apply at Black's Pro Hardware 457 1402. Can finance. After 7 p.m., 457-2434. (5-2c)

— SPECIAL —
Top line McClary Washer Dryer pair. Regular \$858 NOW \$758. Save \$100.00! Three sets only. (5-2c)
Black's "PRO" Hardware
Furniture & Appliances
457-1402 Haliburton

FOR SALE: — Two long gowns, one size 12 and one maternity size 12-14. Call 286-1852.

Gendron Baby Carriage, converts to stroller and bassinet. Excellent condition, phone 286-1852.

RENT OUR RINSENAVAC the new compact carpet cleaning machine at only \$12.00 per day. Available at Hillside Pro Hardware, Main St., Minden 286-1171

TELEPHONE TABLE, \$10. 286-2429.

RIDING AND HORSE supplies, medicines, low prices. Contact Norm Hobbs, 489-2237.

SKATES, girls size 10 1/2, \$3 call 286-2429.

'69 COMET (for parts) \$75. Good motor, hd shocks, new parts, call 448-2176.

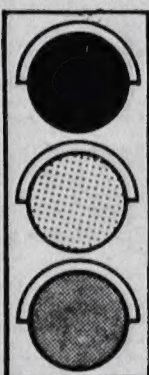
WINDOW AIR CONDITIONER, \$100. Phone 286-2429.

22 CALIBRE Repeat RIFLE 3 months old, excellent condition. 286-1844 ask for John

'71 SKIDOO Nordic, \$450.00 Phone 286-2096.

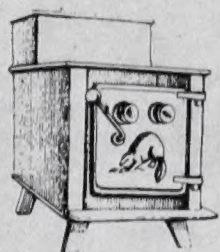
FLOOR POLISHER \$5. call 286-2429.

1972 RUPP Snowmobile, 30 hp electric, \$400 or best offer. Call 489-2036.



**STOP
THINK
Be a
RED CROSS
Blood Donor**

*The
Canadian
Stepstove*



AVAILABLE AT

**Jim Garbutt
ENTERPRISES
MINDEN
286-1843**

8 MM MOVIE PROJECTOR one super 8 movie projector. Call 286-2154 evenings.

SALAD BOWLS, serving platters, warming casseroles, drapes, Sherbert glasses etc call 489-2237.

CHEV ENGINE, LT 350 hp, complete job, 5000 miles since built, call 448-2264.

1974 FORD 1/2 TON, 360 V8 standard, step bumpers, radio, large mirror, new tires, no rust, will certify. \$1795. Payments as low as \$65. per month.

Black's "PRO" Hardware
Furniture and Appliances
Haliburton
Days 457-1402 after 6 p.m.
457-2434.

TRUCK CAP (Wood) carriers windows and screens. 6' box, \$45. Call 448-2176.

1972 TNT 640 completely overhauled, good condition. Reason price, 1 owner, call 286-2096.

CARD of THANKS

A sincere THANK YOU to the Legion Branches, to Galway Twp. and to all our good friends for generous donations following the fire this month. We are very grateful for your help. Archie and Gladys Bowman and family, Kinmount.

MISCELLANEOUS

BABYSITTER available for Monday to Friday in my home. \$25 per week. Carnarvon area, call 489-2036.



**TAKE PRIDE
TAKE CARE**
DROWN YOUR CAMPFIRE - CLEAN UP

SERVICES

SNOWPLOWING
Haliburton area only! Reasonable rates, fast service. First plowing complimentary. Call 457-1011. (5tfn)

HIAB log loader and two tandem trucks ready to haul. Call 457-1011. (5tfn)

FOR SALE

**BARE WALL
SALE**
EVERYTHING MUST GO TO MAKE WAY FOR NEW OWNER AT
ARROW TV & COMMUNICATIONS
Haliburton - Phone 457-1091
TV's, (color, black & white) new and used Stereos, components, Citizen Band Radio Antennae, Small parts TV and FM antennae.

Items from
Radio Shack Catalogue and many items too numerous to mention. Don't Miss this Once in a Lifetime Chance These bargains won't last forever
First Come First Served
All items still full warranty 3 years on Color T.V.'s

WANTED

25 h.p. wide track SNOW-CRUISER in good condition. 457-1147 after 6 pm.

HOME for Siamese cat, female, spayed, two years old Phone 286-2154 evenings.

17 YEAR OLD out of school will do anything, reliable. 286-1844 ask for John.

One of the largest things in the world is a little gossip.

OUR WEEKLY BREAD



"Let us sing the praises of the Lord's goodness." — (Isiah)

A BEGINNING
Father, we do not want to die. We don't even want to think about it. But every death near, reminds us of our own. We try to get through our heads that death is a part of life. Lord help us to see. Faith tells us — that death isn't only an ending but a beginning—not only a parting but a reunion—that dying is more like leaving a room than locking a door. Remind us of that Father when we get afraid.
Lord help us to see.

—PM

Home Trade

MAHAFFY
UPHOLSTERY & INTERIORS

RESIDENTIAL **Custom Work** COMMERCIAL

• REFINISHING • REPAIRING
• REBUILDING

FREE
ARM COVERS

457-2042

SITUATED TWO DRIVEWAYS WEST OF
HALIBURTON LUMBER CO. and MARINE Al Mahaffy



ASSOCIATE

**MINDEN MARINE
AND AUTOMOTIVE**

P.O. Box 9
Minden, Ont.
K0M 2K0

NIGHT CALLS
286-2752

PHONE
(705) 286-1011

FLOYD HALL LIMITED

Insurance & Real Estate

MINDEN
286-1270

HALIBURTON
457-2481

"We sell the Earth and
insure its contents."



HYLAND LUMBER LTD.
SAWMILLING and PLANING

Telephone: (705) 457-1011

MIKE BIAGI
RICHARD BIAGI
JIM CSANIG

Haliburton, Ontario K0M 1S0
1 km north on Highway 519

R.R. 2, Minden, Ont.

K0M 2K0

DON BARKER
OIL BURNER SERVICE

Wood and Oil Burning Furnace Installations
Insulated Chimneys — Air Conditioning

24 Hour Service

(705) 489-2004

MINDEN RENT ALL

Sales and Service for

WISCONSIN ROBIN ENGINES

INGERSOLL-RAND CONST. EQUIPMENT

Telephone: 286-2526

(across the bridge in Minden)

Tamarack
Television & Electronics

Repairs to televisions, stereos and two way radios.

Tower Installations — Free Estimates

JIM CROCKER,
Gooderham, Ont.

447-2735
447-2379

Minden play-off action

Midgets split with Caygeon

MINDEN — Walker's Midgets split their round robin playoff series with Bobcaygeon last week, winning 2-1 in Caygeon and then dropped a 6-4 stinker at home. In Bobcaygeon last Tuesday evening, Tim Davies and Brian Shaw scored for Minden with Chris Robertson replying for Caygeon. On Thursday evening at the Centre, the Lumbermen just didn't have it, playing perhaps their worst game of the year at the Centre.

Bobcaygeon jumped on top 2-0 on goals by Steve Latto and Robertson, with Tim Davies scoring for Minden, ending the first period 2-1. Dan Allison then took a perfect pass from Davies to tie the score. Jeff Unger and Norman Mehnert put the visitors ahead 4-2, then Davies notched his second. Chris Robertson netted a pair in less than two minutes and the game was all over but the shouting. Trent McElwain scored the final Minden goal.

The round robin series now finds Minden with six pts, Bobcaygeon with four and Ops with two. Minden plays two more games against each team in the next two weeks to decide a champion.

TC MIDGETS WIN 3-1

BEAVERTON — The Tri County Midgets travelled to Beaverton on Thursday evening and came up with a second victory in a week over their hosts, this time to the tune of 3-1. They had defeated the same team at the Centre in Minden the previous Sunday 4-2. Kim Hamilton scored twice in Beaverton and Billy Jones once. Minden now meets Millbrook in a two game meet.

HYDRO TAKES COMMANDING LEAD

MINDEN — Minden Hydro took a giant step towards the Gentlemen's League Hockey playoff championship last week, downing the Ministry of Natural Resources 11-8 and 9-2.

In the 9-2 contest on Thursday evening, Darrell Stamp and Tom Lee led the Hydro attack with two goals each. Singles went to Tony LaBarge, Mike Jackson, Larry Sawyer and Wayne Tascona. For the Ministry, Bill Watson and Norm Snyder scored. The series is a best of three with the third game on Thursday evening at 10 pm.

OMHA PEEWEES DOWN HALIBURTON

HALIBURTON — Last week the Minden OMHA Pee-wees came up with a solid two way effort and it paid off in a 3-2 win over their arch-rivals.

Andy Shapiera, Scott Hamilton and Wade Barry scored for Minden. The win gives Minden two wins and a loss in the round robin playoff series and a tie for first. Earlier in the week they split with Fenelon Falls, winning the first game 3-1 at the Centre and then dropped a 3-1 decision in Fenelon.

BOBCAYGEON WINS IN OVERTIME

MINDEN — The Minden Atoms gave it a great try this past week but met a very good Bobcaygeon team and were eliminated from further league championship play in two straight contests.

In the first game they went down 4-1 with Jeff Howe scoring the lone Minden goal. They then returned to the Centre and were turned back 4-3 in overtime. Paul Walker scored twice for Minden while Mike Gorveatt scored once. Minden played the second game with just seven players and performed super. They will now drop into a round robin play-off series with the rest of the teams eliminated to date from OMHA league play-off action.

KEENE TAKES FIVE GAMES TO OUST MINDEN

MINDEN — The Tir County Atoms put on a very stubborn performance against Keene in their play-off series but finally were eliminated on Sunday from the playoffs.

In the first game the two teams tied 0-0. In the second, Keene edged Minden, 2-1, Glen Hall scoring for Minden. In the third game they tied 1-1, Kevin Cowan scoring for the home side. In the fourth game Minden was victorious, 3-1. Tom McLeod netting two and Glen Hall one for Minden. Then on Sunday in the deciding game, Keene won a thriller 2-1 to win the series. Kevin Cowan scoring the lone goal for Minden.

The Atoms should be very proud of their performance as they played every game at 110 percent of their ability and I'm sure this fine young team, ably coached by Mike Jackson and Neil Burk will be heard from in the future and win their share of championships. Congratulations on a fine season boys.

WALKER MIDGETS WIN TWO

Minden's Walker Lumber Midgets made it two in a row over Ops in a round robin play off action last week

Bancroft wins high low doubles

FENELON FALLS — On Sunday the Zone Finals of the Sunbeam Shoes High Low Doubles bowling tournament was held with some 30 teams participating for the honour to carry 1000 Lakes Bowlers Association colours at the Provincial championships in Sudbury on April 1st.

Jack Williams and Vaughan Adams came up the big winners rolling a combined total of 256 pins over their averages. These two Bancroft bowlers will now compete against the best from across the Province of Ontario. Good Luck fellows.

The remainder of the prize winners at the finals were: Velda Walterhouse and Kitty Gunter, 245 pins over average, Bancroft; George Haskins and Nancy Dubriek, 241 pins over, Bancroft; Judy Lavoy and Ossie Brown, 237 pins over, Bancroft; Annie Griffin and Allan Graham, 185 pins over, Carnarvon; Flo Henderson and Bernice Gillies, 148 pins over, Carnarvon; Frank Bartlett and Maurice Watson, 140 pins over, Fenelon and Earl Schellenburg and Wally Crofts 133 pins over, Carnarvon.

**GIVE... so more
HEART FUND will live**



when they downed Ops 5-2 and 8-1.

In the first game Brian Shaw and Dan Allison each netted a pair and Gary Harrison one. In the second game Shaw scored twice, as did Tim Davies while singles went to Ron Yake, Jim Hatkoski, Paul White and Dan Allison.

Minden plays two more games with Ops and four with Bobcaygeon to decide a champion.

PEEWEEES DOWN FENELON, 3-1

MINDEN — The OMHA Peewees drew first blood in their round robin playoff series with Fenelon Falls, downing them 3-1. Tim Wood, Ricky McGee and Scott Hamilton scoring for Minden.

TRI COUNTY MIDGETS WIN 4-2

The Tri County Midgets came out flying in the first period on Sunday, jumped to a 3-1 lead and coasted from there with an easy 4-2 win over Beaverton in their first round-robin game.

Jeff Carpenter put Minden on top, Beaverton tied the game midway through the first period and then Les Booth and Kim Hamilton made it 3-1. Casey Cox notched the fourth goal to seal the victory.

Beware of hazardous coffee makers

Consumers should not use coffee makers with the trade name "MR. AUTOMATIC — PREMIER" Model AD-12, according to a warning from the Canadian Standards Association.

There have been several fires due to a failure of the thermostat over the last couple of months. As yet no one has been injured using them. CSA has re-examined some of the coffee makers and discovered that an overheated element could melt, causing the base to set fire to a kitchen counter top.

It's estimated that quantities of these appliances were sold in retail stores across Canada. Owners of MR. AUTOMATIC coffee makers should stop using them and return them to the World Premier Service Centre at the following address:
10245 Cote De Liesse Rd.,
Dorval, Quebec,
H9P 1A3



**Samantha
READS YOUR STARS**

If you were born this week: You are a curious blend of the logical and the emotional, and once in a while try to operate in both realms at the same time. You have a wonderful imagination and are blessed with a great sense of humor. You probably dream in color and are likely rather psychic.

ARIES (3-21-4-19): Days ahead see behind the scenes activity, Aries. Keep your plans quiet 'til you're ready to move, for you know one who would throw in a monkey wrench if given the opportunity. Later, you take the floor and everyone sits up and takes notice. Week comes to wiggly wind up.

TAURUS (4-20-5-20): You can make real headway toward reaching at least one goal this week, Taurus. Let willing friends lend a hand. Convivial get-togethers brighten your days and love peeps through like the first perky crocus of spring.

GEMINI (5-21-6-20): Subtlety should be the keyword for your week, Gem. Be understated in your own words and deeds and look for the same out of others. Examine nuances and shades of meaning carefully. Later, shimmy on to join local festivities. Week closes on a reflective note, rather quietly.

MOONCHILD (6-21-7-22): You've climbed the heights and explored the valleys, Moonbaby. Now open your mind and your heart and listen to inspiration. And if you listen closely to that 'still, small voice,' your life will be immeasurably enriched.

LEO (7-23-8-22): Old melody is replayed, Leo, but a slightly different beat may give it a new twist. You get a chance to review the past and, who knows, maybe even redo it to some extent. Good luck, baby, and sweet reminiscences.

VIRGO (8-23-9-22): This can be a bewitching week, Virgo, if you let it. That ol' white magic and a bit of sexy red magic combine to cast a spell of excitement. You're quite a magician in your own right, so before week is out, you're weaving your own

enchancing rites. Hurray, Merlin-Virgo.

LIBRA (9-23-10-23): Make new plans concerning work-projects this week, Libby. Cooperation is important now and be prepared to exert extra effort to obtain it. Later, spicy encounter may well set up mutual attraction. Hot diggity.

SCORPIO (10-24-11-22): The new moon shines down on Cupid, whose gleeful antics light up your love life. Explore and experiment in areas of creativity during week ahead, Scorp. Latter days bring a spot of work and a promising contact.

SAGITTARIUS (11-22-12-21): Domestic activity keeps you hopping this week, Sag. Be ready to solve both puzzles and minor problems and look for possible tricks up somebody's sleeve. Later, romance sees you flying high and days come to routine close.

CAPRICORN (12-22-1-19): Think twice about your loyalties this week, Capricorn. You'll reaffirm most, but you may run across several that you'll want to disavow. Days continue with a forceful visitor and hugs 'n' kisses all around.

AQUARIUS (1-20-2-19): Draw in your water and cogitate this week, little waterbearer. Think before you act and don't let any flights of fancy delude your able brain. An old friend calls, and week tapers off with a P, for plot, plan and parlay. See CAPRICORN for hidden message.

PISCES (2-20-3-20): You're an enigma to some and a joy to those others who understand you enough to appreciate you, Pisces, my pet. You breeze in and bring the awakening of springtime no matter what the season. Happy Birthday.

**For a gift that is entirely
different . . . why not**

SUBSCRIBE NOW

TO

The HIGHLANDS

Express

R.R. #2, MINDEN,

ONTARIO K0M 2K0

Simply fill out the coupon below, include a cheque or money order for \$6.00 for a one year subscription. Outside Haliburton County, \$8.

Name

Address

POSTAL CODE